

# ROTARY CLUB of OCH Inc.

District 9815 Victoria, Australia

## Weekly Bulletin 2026-2027

Meets Monday from 6:30pm at The Clayton Hotel  
319 Clayton Road, Clayton (Melways 79C2)  
(No meeting on public holidays)

**CREATE  
LASTING  
IMPACT**



17<sup>th</sup> August 2026

Volume 8, Number 7

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### Upcoming Club Program

| Date                       | Speaker                                                                                                                                | Chairperson     |
|----------------------------|----------------------------------------------------------------------------------------------------------------------------------------|-----------------|
| 17 <sup>th</sup> August    | Board Meeting (Via Zoom)                                                                                                               | Richard Simmons |
| 24 <sup>th</sup> August    | No General Meeting at the Clayton Hotel, but we will be having a Fellowship night meeting at Samwon Garden Korean Restaurant (No Zoom) | Richard Simmons |
| 31 <sup>st</sup> August    | General Meeting at the Clayton Hotel. We will be having our Vocational Awards Dinner                                                   | Peter Webb      |
| 7 <sup>th</sup> September  | General Meeting not in person but via Zoom Only.                                                                                       | Richard Simmons |
| 14 <sup>th</sup> September | General Meeting at the Clayton Hotel. Guest Speaker is Trudy Poole & the Subject is the "Ride to Reach" program                        | Sam Oddo        |
| 21 <sup>st</sup> September | Board Meeting (Via Zoom)                                                                                                               | Richard Simmons |
| 28 <sup>th</sup> September | No General Meeting at the Clayton Hotel, but we will be having a Fellowship night meeting (Venue TBA)                                  | Richard Simmons |
| 5 <sup>th</sup> October    | General Meeting not in person but via Zoom Only.                                                                                       | Richard Simmons |
| 12 <sup>th</sup> October   | General Meeting at the Clayton Hotel. Guest Speaker to be advised.                                                                     | Sam Oddo        |
| 19 <sup>th</sup> October   | Board Meeting (Via Zoom)                                                                                                               | Richard Simmons |
| 26 <sup>th</sup> October   | No General Meeting at the Clayton Hotel, but we will be having a Fellowship night meeting (Venue TBA)                                  | Richard Simmons |



## In This Issue (cont.)

- Joke of the Week – (pg11)
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## Presidents Report

### 2026-27: Create Lasting Impact

Tonight is our monthly board meeting.

Last week we were supposed to have our RYLA attendee, but unbeknown to all in the club, Kiera was swapped to the Rosebud club and we were allocated a different person.

It was a shame and the subsequent explanation was pretty poor, they have offered to come along and present a report at a later date, this has not been accepted yet.

Other news, please pay your subs \$280 ASAP, if you have paid already, George or Barry will be in touch.

Vocational awards night coming up soon, please let Peter W know if your coming and haven't paid yet.

Our DG's visit has been locked in for the 12 April 2027.

Yours in Rotary  
Pres Richard (retired)



## Last Meeting & Notes

### Last Meeting (10<sup>th</sup> August):

**Apologies** = Greg Telley, David Whiting, John Barnes, Barry Cronan & Jon Breisch.

**Make Ups** = None.

**Leave of Absence** = None.

**Visitors** = None.

This week we held our General Meeting back at the Clayton Hotel in person and not on zoom with a good attendance of members attending, unfortunately our guest speaker and RYLA participant Keira Patron did not turn up due to some unforeseen circumstances.

To hear and see the Discussions and General Business made by the members, refer to the video by clicking on this [link](#).

## Oakleigh Rotary Sunday Market – Information & Roster



## Rotary Four-Way Test

"Of the things we think, say or do:

1. Is it the Truth?
2. Is it Fair to all concerned?
3. Will it build goodwill and better friendships?
4. Will it be beneficial to all concerned?"

**The Oakleigh Rotary Sunday Market Bookings are now online. Click Image above or scan the QR code below to make your booking**



### Oakleigh Rotary Market Roster

| Rotary Market Roster to Oct 2026 - version                                                                                                         |                 |                                |                | Final 2 August 2026 |           |                                       |                           |                  |
|----------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|--------------------------------|----------------|---------------------|-----------|---------------------------------------|---------------------------|------------------|
| Market Roster: Shift 1; 6 am to 10 am: <b>Shift 2; 9.45 am to 1.45 pm (Market Close 2 PM)</b> (there is a 15 minute handover)                      |                 |                                |                |                     |           |                                       |                           |                  |
| If you are unable to do your shift <b>it is up to you to arrange a swap</b> with another member - please advise Michael and copy Richard & David W |                 |                                |                |                     |           |                                       |                           |                  |
| NOTE: Leader ( in Blue) responsible for co-ordination & management of the Market for the Day (does not have to be present for whole day)           |                 |                                |                |                     |           |                                       |                           |                  |
|                                                                                                                                                    |                 | ROTARY FIRST SHIFT 6AM to 10AM |                |                     | 8AM - 1PM | ROTARY SECOND SHIFT 09:45AM to 2:00PM |                           |                  |
| Date                                                                                                                                               | Notes           | Leader                         | SET-UP/Monitor |                     | Main Gate | CASH/PACKUP                           |                           |                  |
| 23/08/2026                                                                                                                                         |                 | Lesley Zuccaro                 | Ralph Zuccaro  | Peter Webb          | Scouts    | Sam Oddo                              | Marcus R                  | Richard Simmons  |
| 30/08/2026                                                                                                                                         |                 | Doug Bowden                    | Tom Buzza      | Rotaract            | Scouts    | Robyn McNab                           | Richard Simmons           | Barry Cronan     |
| 6/09/2026                                                                                                                                          |                 | Lesley Zuccaro                 | Ralph Zuccaro  | Arthur Athan        | Scouts    | Steve Hill                            | Barry Cronan for Judy Hui | Byron Kyriakides |
| 13/09/2026                                                                                                                                         |                 | John Bethune                   | Greg Telley    | SOBC                | Scouts    | Michael Ellinger                      | Bron Lamond               | John Barnes      |
| 20/09/2026                                                                                                                                         |                 | David Whiting                  | Martha Bodon   | Atul                | Scouts    | Sam Oddo                              | Marcus R                  | Richard Simmons  |
| 27/09/2026                                                                                                                                         | GF Long weekend | Doug Bowden                    | Tom Buzza      | Peter Webb          | Scouts    | Robyn McNab                           | Jon Briesch               | Barry Cronan     |
| 4/10/2026                                                                                                                                          |                 | David Whiting                  | Terry Elms     | Rotaract            | Scouts    | Steve Hill                            | Judy Hui                  | Byron Kyriakides |
| 11/10/2026                                                                                                                                         |                 | John Bethune                   | Martha Bodon   | Arthur Athan        | Scouts    | Michael Ellinger                      | Bron Lamond               | John Barnes      |
| 18/10/2026                                                                                                                                         |                 | Lesley Zuccaro                 | Ralph Zuccaro  | Terry Elms          | Scouts    | Sam Oddo                              | Marcus R                  | Richard Simmons  |

### Rotary Market - Sundays between 8am - 1pm

Join in the fun at the the

## Oakleigh Rotary Sunday Market

A great place for produce, plants, flowers, crafts, bric-a-brac & more

Hanover Street Carpark - Market - Corner Hanover Street and Atherton Road Oakleigh  
For enquiries, please call the Market Manager on 0466 546 059

Click on image for details

## The Object of Rotary

1. The development of acquaintance as an opportunity for service;
2. High ethical standards in business and professions; the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;
3. The application of the ideal of service in each Rotarian's personal, business, and community life;
4. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

## Vocation Awards Dinner 2026

Hello all,

The 2026 Rotary Club of Oakleigh Clayton Huntingdale Vocation Awards Dinner is being held at the Clayton Hotel on Monday August 31 beginning at 6.30 pm.

The menu will be a two-course offering priced at \$45. This fee is to be paid into the Rotary Club bank account.

BSB: 633000

Account number: 167790740

Account name: Rotary Club of OCH

If you have any special dietary requirements, please let me know.

The upstairs bar will be open for an hour, drinks at normal bar prices.

Our four Rotary Club Vocation Awards will be presented on the night, and all four recipients and their guests are excited to be attending.

It would be great if we had a large attendance of club members present to enjoy the night and to congratulate our four recipients.

Please RSVP to me directly via email [peterjwebb6@gmail.com](mailto:peterjwebb6@gmail.com) or by mobile 0412 533 732 by Monday August 17.

Regards Peter

## Oakleigh Amateur F.C. Life Members and Sponsors

OYCFC & OAFC

# LIFE MEMBER & SPONSOR AFTERNOON



**SATURDAY 22 AUGUST**  
Scammell reserve from 1PM

**KRUSHERS Seniors Game**  
*vs St. Mary's Salesian* 2PM  
| bar open | finger food provided |

Caz Hayes 0408 103 517  
[secretary@oakleighdragons.com.au](mailto:secretary@oakleighdragons.com.au)

RSVP by 15 August  
Pat Heverin 0402 905 198  
[pat@mechonic.com.au](mailto:pat@mechonic.com.au)

## Club Vision

OCH Rotary is an energetic, fun-loving, forward-thinking Rotary Club that wishes to continue to grow strategically and provide all its members with opportunities to serve while undertaking worthwhile and sustainable projects locally, nationally and globally.

Hello to all the 2026 sponsors of the Oakleigh Amateur F.C.!!

Saturday the 22nd of August we are holding our annual Life Members and Sponsors Day in conjunction with the Oakleigh Dragons Junior Football club at Scammell Reserve and you are invited to attend.

Without your support local football clubs do not survive and we are happy to shout you a few drinks on behalf of the Krushers!

The bar will be open from 1pm and finger food will be served.  
It's the last home and away game for the senior men before finals and it should be a cracking game.

Please RSVP to myself or Tayla Bethune 0413 815 065 / [taylabethune@hotmail.com](mailto:taylabethune@hotmail.com) to confirm numbers for catering needs.

We look forward to seeing you and let's get behind the senior men's team before we launch into finals.

Hope to see you there.

Pat Heverin  
President  
Oakleigh Amateur F.C.  
0402 905 198

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## Outreach Program Partial Sponsorship - Thank you for supporting our community!

Dear Doug, Richard, and the Rotary Club of Oakleigh Clayton Huntingdale,

I hope you are all having a wonderful day.

My name is Rina, I'm the Communications Officer at REACH Siem Reap. You may remember me from when we did the call with your club in June. I am incredibly grateful to have had the opportunity to share my experience of the Ride to REACH event with your club, along with Emily's presentation about our cause.

Emily and our team were really excited and happy to get your email about the Outreach Program sponsorship. That's made our day and we can't thank you enough for this incredible support. On behalf of our entire team, we warmly welcome Rotary Club Oakleigh Clayton Huntingdale as our new, valued sponsors of our Outreach Program at REACH Siem Reap.

Your club generous donation of \$5,000 AUD will be a partial sponsorship 12.5% of our Outreach program for one year to support 25 families in our community. The overall budget for our entire Outreach program in 2026, is approximately \$40,000 AUD.

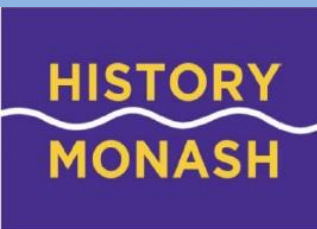
Your incredibly generous donation is far more than financial support; it is a powerful tool to keep some of Siem Reap's most at-risk families together, enabling them to break the cycle of poverty. See attached some photos of the kids and families your club will be supporting!

### **Your sponsored program:**

Rotary Club Oakleigh Clayton Huntingdale is now one of our proud sponsors of the Outreach program, supporting a community of families who are facing significant hardship and daily challenges. These are families doing their best to survive in very difficult circumstances, and your sponsorship brings them hope for the future.

Through the Outreach Program, we are currently supporting over 180 families who are living in vulnerable conditions. Your generous sponsorship officially began on August 1st, 2026, and will continue for a full year through August 1st, 2027. During this time, your club commitment will provide consistent care, practical assistance, and encouragement to those who need it most.

## Quick Links



Because of your club, our families are not alone. Your club support is helping create stability, restore dignity, and open the door to a brighter future.

### What your sponsorship include:

Throughout the year and when emergencies arise, our dedicated team of social workers responds with care, providing support such as:

- Emergency medical treatment
- Food distribution
- Critical shelter repairs
- Assistance with processing government documentation (birth certificates, ID's etc)
- Emergency Financial support
- Dental treatment
- Clothing
- Community educational workshops
- Family planning advice and birth control

### Regular Updates:

In recognition of your generosity, the team and I will provide you quarterly organisation updates and semester reports on our Outreach support. These reports will include updates from the programs, team letters, and on-the-ground media.

We have updated your club logo on our website, and we're also making a sponsorship board to display in our centre as a way of showing our recognition for your support. Our team will get in touch to update you when the board is ready.

Thank you so much to Rotary Club of Oakleigh Clayton Huntingdale for supporting our at-risk families.

If any of your team has plans to visit Cambodia, we would love to have them visit our community centre. Just let us know, it would be so amazing to meet them!



Kind Regards,

Rina Rat  
Communications Support Officer

## Special Announcements

**26<sup>th</sup> August – George Carydias Birthday.**

**28<sup>th</sup> August – Doug & Pam Bowden Wedding Anniversary.**

## Upcoming Dates

**Sunday 23<sup>rd</sup> August 2026** – Oakleigh Rotary Sunday Market. Bookings are now online. Book your spot by following this link - <https://www.ozeemarkets.com.au/marketlist/vic-oakleigh-oakleigh-rotary-sunday-market>

**Sunday 30<sup>th</sup> August 2026** – Oakleigh Rotary Sunday Market.

**Sunday 6<sup>th</sup> September 2026** – Oakleigh Rotary Sunday Market.

**Sunday 13<sup>th</sup> September 2026** – Oakleigh Rotary Sunday Market.

**Sunday 20<sup>th</sup> September 2026** – Oakleigh Rotary Sunday Market.

## Club Positions for 2026/27

|                           |                  |         |
|---------------------------|------------------|---------|
| President                 | Richard Simmons  | (Board) |
| Vice President            | TBA              | (Board) |
| Past President            | Steven Hill      | (Board) |
| President Elect           | Jon Breisch      | (Board) |
| Secretary                 | Robyn McNab      | (Board) |
| Treasurer                 | George Carydias  | (Board) |
| Community                 | Atul Gupta       | (Board) |
| International             | Doug Bowden      | (Board) |
| New Generations           | John Bethune     | (Board) |
| Vocational                | Peter Webb       |         |
| Foundation                | Ralph Zuccaro    | (Board) |
| Data / Tech               | Byron Kyriakides | (Board) |
| Club Protection Officer   | TBD              |         |
| Membership / Club Service | TBD              |         |
| PR / Fundraising          | Luk (Judy) Hui   |         |
| Market Manager            | Richard Simmons  |         |
| Programme                 | Sam Oddo         |         |
| Bulletin                  | Michael Ellinger | (Board) |
| Rotaract                  | Cess Hodges      |         |
| On to Conference          | Tom Buzza        |         |
| Sergeant at Arms          | Sam Oddo         |         |

Please note that there are some roles that still need filling so if you can assist in any of these roles, please reach out to Richard and let him know.

## District 9815 News

### Invitation to nominate for the role of DGN (DG 2028-29) for the new Rotary District 9825 (9815 and 9830)

*As many of you will be aware, Districts 9815 and 9830 will come together to form the new Rotary District 9825 from 1 July 2028.*

*This is an exciting and significant opportunity for Rotary in our region. Bringing together clubs and members across Tasmania, Melbourne's east and eastern Victoria will create new opportunities for collaboration, leadership, friendship and greater community impact.*

### Nominations are now open

We are pleased to invite nominations for the position of:

**District Governor Nominee (DGN)  
District 9825 – District Governor 2028–2029**

The successful candidate will play an important role in shaping the future of our new district and helping guide Rotary through this significant period of transition.

Please refer to the attached **Call for Nominations** document, which provides further information about the position, including the proposed duties, responsibilities and qualifications.

The successful candidate will initially become part of the **District 9825 Transition Management Team**, working with Rotarians from both districts to progressively plan and manage the successful transition to our new district structure. The successful candidate will subsequently join the District 9825 Board from **1 July 2027**, in preparation for taking on the role of District Governor for 2028–2029.

#### **A new approach to district leadership**

The District Governor role within District 9825 will be supported by a strong District Board and leadership team comprising skilled, experienced and dedicated Rotarians and Rotaractors who will work closely with clubs across the new district. Changes to the District Governor role are also being explored as part of the **Zone 8 Regionalisation Pilot**. The pilot is currently scheduled to conclude in June 2028, after which its outcomes will be reviewed and further decisions made regarding the future structure and responsibilities of district leadership.

Consequently, candidates should be aware that the responsibilities of the District Governor for 2028–2029 are expected to be different from the current District Governor role as defined under Article 16.030 of the Rotary International Bylaws.

#### **An opportunity to shape our future**

This is much more than an opportunity to take on a district leadership position. It is an opportunity to help **shape the culture, direction and future of a brand-new Rotary district**.

The person appointed will have the opportunity to bring people together, encourage new ideas, strengthen relationships between clubs and help establish a leadership model that reflects the changing needs of Rotary and our communities. We encourage Rotarians who are passionate about Rotary, enjoy working with people, embrace new ideas and believe in the potential of our new district to consider putting themselves forward. The successful DGN will also be required to attend **Governor Nominee Leadership Training in Melbourne during the last week of October 2026**.

#### **Future leadership opportunities**

We also recognise that the creation of District 9825 will provide a range of new leadership opportunities for Rotarians who may not yet be ready to put themselves forward for District Governor.

Under normal circumstances, we would expect to consider the appointment of a **District Governor Nominee Designate in February 2027**. If you have an interest in contributing to district leadership during this period, we warmly encourage you to consider expressing your interest.

In addition, the introduction of **three Deputy District Governor roles** is currently under consideration. These positions are intended to provide strong representation and support for the District Governor across our three geographic areas and create additional leadership pathways within the new district.

These appointments would be made in consultation with the incoming District Governor Nominee, providing an opportunity to build a strong and diverse leadership team for District 9825.

#### **Forms included in the attachment (Click on form name)**

1. **District Governor Nominee form**. This must be filled out and signed from your club Secretary and yourself and returned to IPDG Peter Behm
2. **The guide to the role** is for your information only. Any questions, please refer back to DG 9815 Emma Clark or DG 9830 Craig Perkins.

#### **How to apply**

The closing date for nominations for District Governor Nominee is: **Friday, 4 September 2026**

Your completed documentation is to be sent to IPDG Peter Behm at the email address of [peter.behm@rotary9815.org.au](mailto:peter.behm@rotary9815.org.au)

If you would like to discuss the role further or have any questions about the nomination process, please contact:

**Emma Clark**  
District Governor 9815

**Craig Perkins**  
District Governor 9830

We warmly encourage suitably qualified Rotarians to consider this opportunity. The creation of District 9825 represents an important new chapter for Rotary across Tasmania and Victoria, and we hope that those with the passion, experience and vision to help shape that future will put their hand up.

**Together, we have an opportunity to build something new, stronger and more connected.**

We look forward to hearing from you. Warm regards,

**Emma Clark**  
District Governor

### Early bird registration opened 1st August 2026 for D9815 Conference 2027

Don't miss this opportunity to save some valuable dollars while you join in the fun of catching up with fellow Rotarians from across the district.

Get your tickets now by clicking on the image below.



The poster is for the Hunter Valley Conference 2027, organized by Rotary District 9815. It features a colorful header with the Rotary logo and the text 'HUNTER VALLEY CONFERENCE 2027' and 'RYDGES RESORT HUNTER VALLEY 12-14 MARCH 2027'. A large banner states 'BOOKINGS OPEN 1ST AUGUST' and 'EARLY BIRD PRICING ENDS 31 DECEMBER 2026'. Below this, three boxes show ticket prices: 'FULL CONFERENCE EXPERIENCE EARLY BIRD \$295' (saving \$50), 'CONFERENCE ONLY EARLY BIRD \$195' (saving \$30), and 'GALA DINNER ONLY TICKET PRICE \$140' (saving \$10). A section titled 'WHY BOOK EARLY?' lists benefits like saving on registration, planning together, and a weekend to remember. It also mentions 'TRAVEL MADE EASY' with bus transfers. At the bottom, it says 'MAKE IT A CONFERENCE. MAKE IT A HOLIDAY.' and 'BOOK FROM 1ST AUGUST' with a QR code and the URL [rotary9815.org.au/page/district-conference-2027](https://rotary9815.org.au/page/district-conference-2027).

### Volunteer Youth Forms

“All members - following up on working with children checks – it is imperative that all members who may come in contact – even incidental - with children (those under 18) have a working with children's card (WWC) – most members have one but for those that do not could you apply for one

ASAP and advise Michael once its received. It costs nothing to apply for a card as a volunteer – you can apply using this link [Working with Children Check \(service.vic.gov.au\)](https://www.service.vic.gov.au/working-with-children-check)

Now for the additional requirement of a Form 3 – as explained by the District Youth Chair – Ken Mirams – this is an additional requirement imposed by both the Victorian Government, Rotary International and for insurance purposes. The Form 3 is an extra check particularly for those situations where you may at any time be in a one-on-one situation with a child (anyone under 18), in those cases you must have both the WWC card and a completed Form 3.

Trust that this clarifies – incidental contact with children (not one on one) a WWC check is sufficient – in situations where you will or may be one on one then a Form 3 must be completed. Of course, logistically it makes planning a lot easier if we all have both the WWC card and a Form 3”

Upon completion, please send the form to me.

Regards:  
Robyn McNab  
Secretary (2025-26)  
Rotary Club Oakleigh Clayton Huntingdale Inc

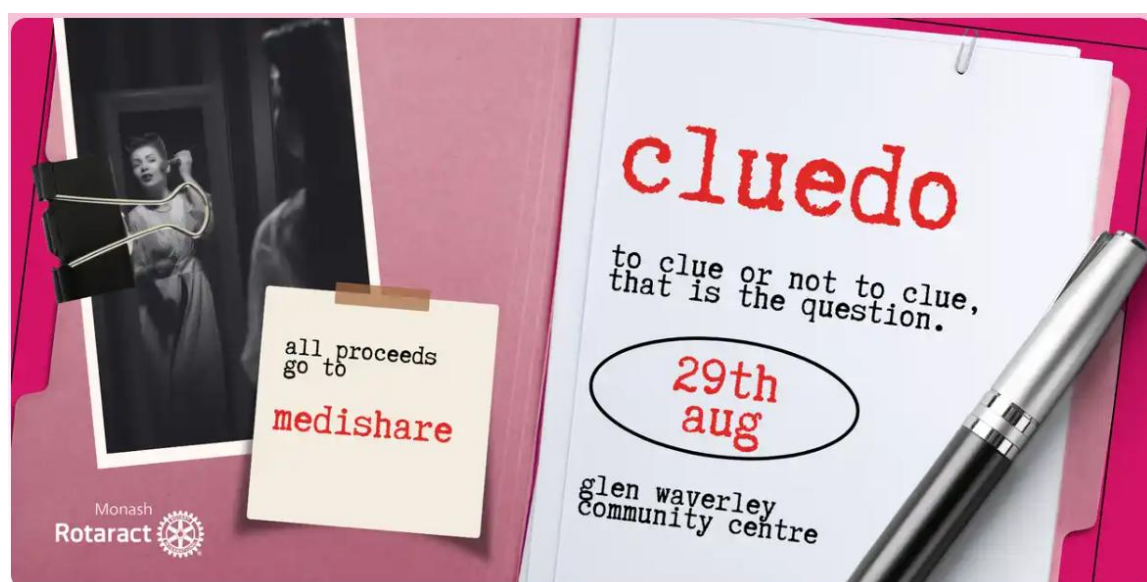
## Rotaract Club of Monash



### Club Meeting Details:

The Club meets on the 1<sup>st</sup> and 3<sup>rd</sup> Monday of the Month at 7:30pm for a 7:45pm start at the Clayton Hotel, 319 Clayton Road, Clayton. Send them a message at [info@monashrotaract.org.au](mailto:info@monashrotaract.org.au) if you would like to join them and not miss out.

### Upcoming Events:



**Click on image for details**

Monash Rotaract is calling all detectives to the scene of a murder! Some say it's an open-and-shut case. Others have no clue. Either way, you're on the case. Ask the right questions and you might find the culprit, the weapon, and the location.

DATE: Saturday 29 August  
TIME: 2-4.30pm AEST  
LOCATION: Glen Waverley Community Centre  
RSVP: strictly by 9pm Wednesday 26 August  
FOOD: Snacks and non-alcoholic drinks will be provided  
RAFFLE PRIZES TO BE WON

Play a life-sized version of Cluedo while raising funds for Rotary's Medishare program. MediShare Limited engages with a range of partners, government & not-for-profit organisations to add value to the infrastructure of health care in disadvantaged communities who face difficulties obtaining the affordable goods they need, through the provision and shipping of recovered usable medical consumables and equipment. Find out more at <https://medishare.org.au/>

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## Where other Clubs Meet

A Rotarian can attend the weekly meeting of any Rotary club around the world. This is a "make-up" and counts as attendance credit when you are not able to attend a meeting of your own club.

Details for all District 9815 clubs can be obtained on the website [www.rotary9815.org.au](http://www.rotary9815.org.au)  
Details for clubs around the world are available on the RI website ([www.rotary.org](http://www.rotary.org))

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## Reminders

Contributions for inclusion into the Bulletin should be passed to [editor@rotaryoch.org.au](mailto:editor@rotaryoch.org.au) by Friday evening of each week.

**Please remember if you cannot perform your rostered job, it is your duty to find a replacement to take your place.**

Visit our new Facebook page at [@Rotaryoch9810](https://www.facebook.com/Rotaryoch9810) or click 

For any updates and changes which need to be made to the membership database please send them to [editor@rotaryoch.org.au](mailto:editor@rotaryoch.org.au)

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## Joke of the Week

Why some seniors (and juniors), will not change their password.

WINDOWS: Please enter your new password.  
USER: Cabbage

WINDOWS: Sorry, the password must be more than 8 characters.  
USER: Boiled cabbage

WINDOWS: Sorry, the password must contain 1 numerical character.  
USER: 1 boiled cabbage

WINDOWS: Sorry, the password cannot have blank spaces  
USER: 50damnboiledcabbages

WINDOWS: Sorry, the password must contain at least one upper case character  
USER: 50DAMNboiledcabbages

WINDOWS: Sorry the password cannot use more than one upper case character consecutively.  
USER: 50damnBoiledCabbagesShovedUpYouIfYouDon'tGiveMeAccessNow !

WINDOWS: "Sorry, that password is already in use."

# Rotary International News

## Food as medicine for TB recovery

**Rediscovering a weapon against the deadliest infectious disease, TB advocates look to better nutrition**

*By Ruby Prosser Scully*

At a clinic in the city of Coimbatore in southern India on a recent afternoon, a 29-year-old man with tuberculosis comes in for his medication and receives something extra: a small white tub of powder. It's a nutritional protein supplement, one that's vitally important, as malnutrition is closely linked to the lung disease. The man is severely underweight at just 38 kilograms (84 pounds) with a dangerously low body mass index. A clinic worker snaps his photo, jots down his information to help with real-time treatment monitoring, and sends him on his way with instructions to return in two weeks.

The man is among hundreds of patients receiving the nutritional supplement with their TB medications thanks to a project led by the Rotary Club of Coimbatore New Town and supported by a Rotary Foundation global grant. Local health officials first approached the club in 2024 asking for help with their severely undernourished TB patients, amid a renewed appreciation globally of the link between the disease and nutrition. "At that time, many patients were suffering from severe weight loss, weakness, low immunity, and difficulty continuing TB medication due to a lack of proper nutrition," says Pakshirajan Durai Murugan, the club's charter president and project lead.



Health workers and youth cadets participate in a rally on World TB Day in Assam, India, in March.

Anuwar Hazarika via Getty Images

Even before it sought grant funding, the club was able to raise about \$4,000 to launch an immediate pilot intervention. They recruited around 200 highly vulnerable TB patients with low BMIs and provided them with the supplement for three to four months. The twice-daily supplement, which makes a slightly sweet drink when mixed with water or milk, gives patients an additional 25-30 grams of protein per day. Many patients gained about 1 to 2 kilograms (2 to 4 pounds) in the program. "Even a small weight gain is encouraging in TB recovery, because many patients normally continue losing weight during illness," says Durai Murugan.

To read the full article [click here](#)

Total Donations

\$

**\$616,760.01**

Over the past 7 years

Beneficiaries Supported

**122**

Across 7 categories

2025/26 Donations

**\$81,912.39**

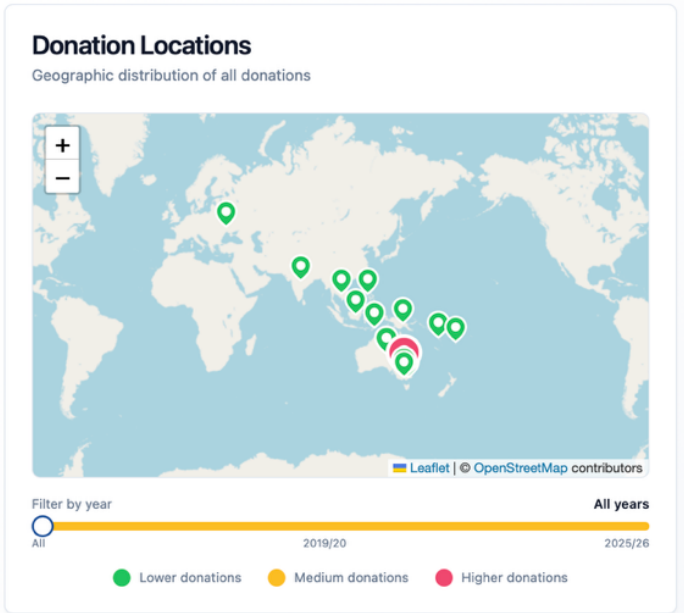
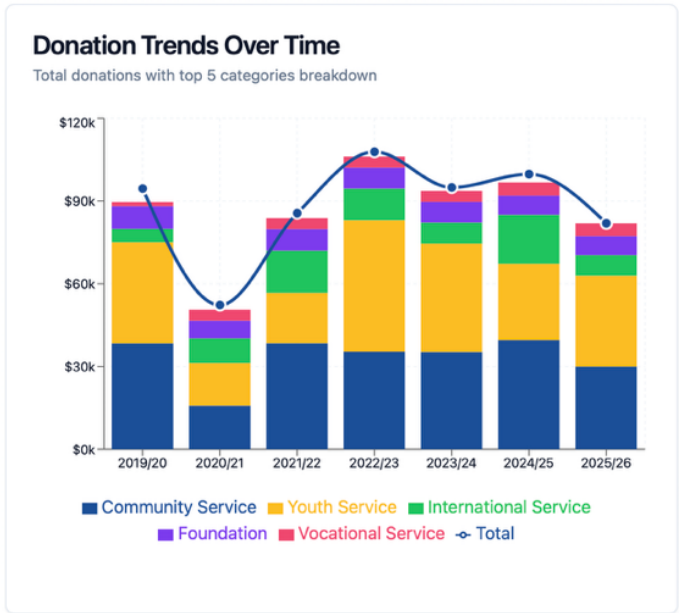
Most recent year

Years of Service

**30+**

2019/20 - 2025/26

- [All Categories](#)
[Australian Rotary Health](#)
[Community Service](#)
[DG Family Project](#)
[Foundation](#)
[International Service](#)
[Vocational Service](#)
[Youth Service](#)



© 2026 Rotary Club of Oakleigh Clayton Huntingdale. Serving our community with passion.

Click on the image for full details

# ENTRIES OPEN!

## SPOTLIGHTING BULLYING *art exhibition* HAND IN HAND

**1 - 11 OCTOBER 2026**

The Track Gallery  
47 Miller Crescent, Mount Waverley

Present your artwork  
in a gallery exhibition  
exploring bullying,  
empathy, and the  
strength of standing  
together.



**SCAN THE QR CODE FOR DETAILS &  
THE INDIVIDUAL ARTIST ENTRY FORM**

**Any questions?** Contact: [sesuicideprevention@gmail.com](mailto:sesuicideprevention@gmail.com)

